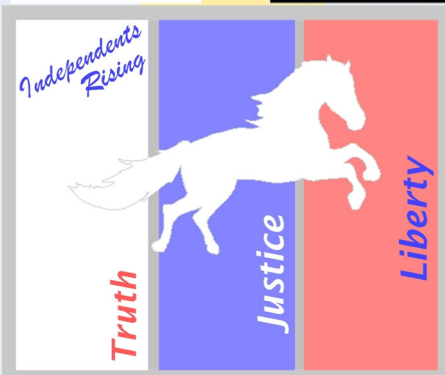
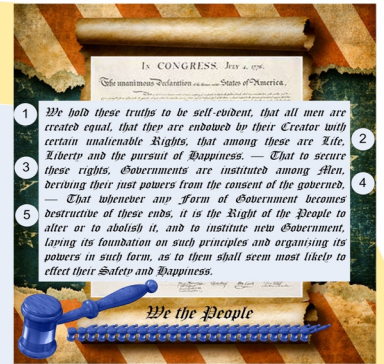


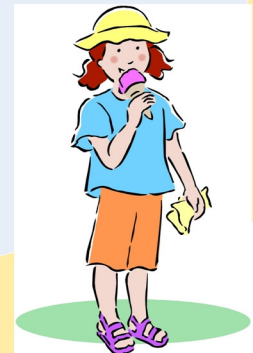
Cultivate



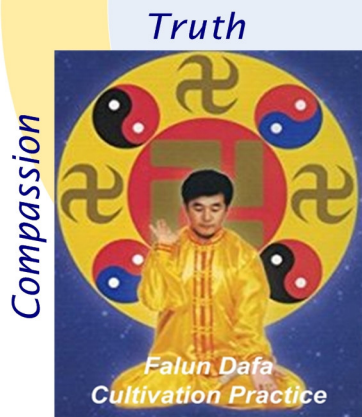
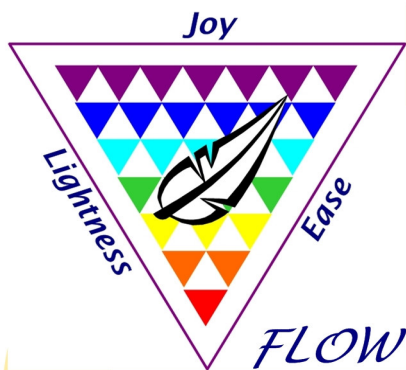
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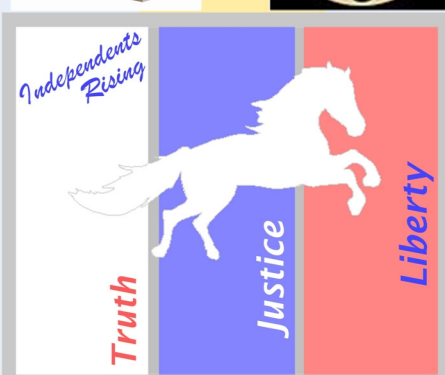
First Principles



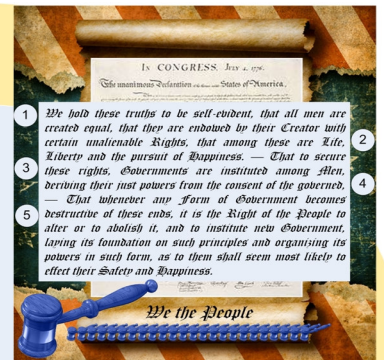
Global Spring



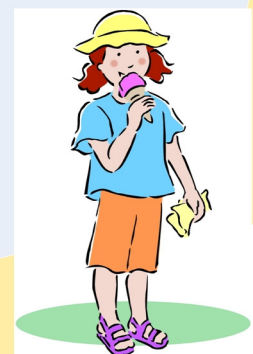
Cultivate



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First Principles



Global Spring

Twin Rings, Five Pillars

Links are to projects, books, or work in progress...

[FLOW Spiritual Fellowship](#)

We aim to develop and nourish FLOWers (pronounced as GROWers) worldwide manifesting 'the best we can be:' beings of independent consciousness w/fit minds and bodies, honorable morals—focused, confident, humane. Inner qualities: joy, ease, lightness. Let go addictions.

[Truth, Tolerance, Compassion](#)

The gateway to FLOW via our living-breathing nature, [Falun Dafa](#) is a cultivation practice. Simple to learn and do—by oneself or with others—it helps us implant 'how Jesus would be,' i.e. to run 'mind,' not vice versa.

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[Independents Rising](#)

Bring truth, justice, and liberty to the political realm, working with other Indies—whether or not FLOWers—to expunge (preferably 'turn' to FLOW) Collective Mind and its Sirens in priority to the real horrors they inflict.

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For individuals of consent, worldwide: life, liberty, property. *Declaration of Independence* yields people's independent grand juries as sword and shield v. corrupt public officials and their accomplices. Shuts down high-crime assaults by The Man.

[Global Sping](#)

The image of the little girl is many people's vision of an ideal world. NOT utopia. [She gels Catherine Austin Fitts' description of a near **100% "Popsicle Index"**—the likelihood a lone five-year-old can walk to a store blocks away and buy a Popsicle with no risk of harm.]

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